KENNETH SIMPSON - CHIEF EXECUTIVE

Our aim during the past twelve months was to support the mental, emotional and social wellbeing of the most vulnerable people living in our community. As part of this work we continue to provide change of residential and outreach support services across four core service areas, which supports people from birth to end of life.

Our mission at VSA is to provide the best of care to enable the best of lives, supporting individuals and communities to fulfill their potential. Throughout our annual report we are delighted to share with you the journeys of some of the people whose lives we have changed, demonstrating how we make our charity’s vision, mission and values a reality.

Over the course of 2017 we invested in enhancing our residential environments by undertaking the safety improvements and refurbishments, to ensure that our residential facilities continue to provide the best of care. We were also pleased to have officially opened the newly-refurbished gymnasium hall at Linn Moor School.

Once again we are delighted to receive good grades and feedback from the Care Inspectorate, feedback from the partners we work with, and, most importantly, feedback from the people whose lives we help change is incredibly positive; highlighting that we are delivering the best of care so that people can live the best of lives.

The board of trustees and I are incredibly proud of the difference VSA makes to people’s lives on a daily basis. We aren’t able to do this alone and we extend our thanks to our partners, volunteers, employees and supporters. Last year we touched the hearts and changed the lives of 6,000 children, adults and other people.

ALEX HUNTER - CHAIR OF TRUSTEES

It gives me great pleasure to welcome you to our 148th annual report. Every year we support vulnerable people of all ages at times in their lives when they need it and want the support of VSA. Across all of our services we support people living in our communities with complex learning needs, a mental health diagnosis, loneliness and isolation, additional support needs, addiction and poverty.

During the past twelve months, the team has worked hard to deliver high-impact support and services to help every person who needs us to have the best possible care, experiences, opportunities and outcomes to help them on their journey through life. Our grades from the Care Inspectorate, feedback from the partners we work with, and, most importantly, feedback from the people whose lives we help change is incredibly positive; highlighting that we are delivering the best of care so that people can live the best of lives.

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As we look to the future, we know that the demand for our services is ever growing. The number of people currently living in Aberdeen is estimated to be around 236k but by 2037 it is projected that we will have a population of 289K. While it is positive news that people are living longer with thanks to medical advances, it also brings with it a new set of challenges for social care. The pressure and challenges this will bring to VSA and others should not be underestimated. For this reason, we will continue to evolve our existing services and create new provisions to meet the changing and growing demands of social care in Scotland.

During 2018 we will be announcing some exciting plans as we journey towards 2020, a Halcyon – reflecting on our charity’s history, our 150th anniversary. We are taking the opportunity to shape VSAs strategy to ensure we can support future generations to come.

On behalf of the board of trustees, I would like to thank once again our dedicated supporters, partners, volunteers, and employees. Without you we simply wouldn’t be able to change the lives of thousands of vulnerable people year on year. Together we are changing lives.

Report of the Trustees for the year ended 31 March 2018

The trustees are pleased to present their trustee report together with the audited financial statements for the year to 31 March 2018.

Directors and Trustees 2017-2018

The directors of Aberdeen Association of Social Service (the charity operating as VSA) are its trustees for the purpose of charity law and throughout the trustee report are collectively referred to as the trustees.

The trustees of Aberdeen Association of Social Service who were in office during the year and up to the date of signing the Financial Statements were:

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Celebrating our Achievements

6000 people supported

40 services

11,500 hours volunteered

Care Inspectorate rated our services very good

2,000,000+ hours of care provided

About VSA

Since the charity was first established in 1870, VSA has helped thousands of the most vulnerable people and their families living in our communities across Aberdeen and Aberdeenshire. Today, VSA provides vital support and services to people of all ages across four core areas - Children and Families, Adult and Community, Education and Learning, and Carers’ Support. At VSA we support a person’s physical, mental, emotional and social wellbeing through a range of residential and outreach support services.

We are incredibly proud to say that 95p in every pound donated to VSA is spent on direct charitable activities.

Adult & Community

We provide support to older people, some further challenged by dementia, poor mental health, addiction or a learning disability. Across these services we provide care homes, housing with support, outreach, day care and activity centres.

Carers

We provide support to adult carers throughout Aberdeen City and have specialist services for those affected by mental ill health. This includes weekend day care and home support for those affected by dementia.

Children & Families

We provide counseling, integrated nursery provision, services for young people with additional support needs, parenting assessment and out-of-school care.

Education & Learning

We provide residential, educational and life skills training to children, young people and young adults with additional support needs.

Across all of our service areas we support the most vulnerable people in our communities living with:

- Complex learning needs
- A mental health diagnosis
- Loneliness & isolation
- Additional support needs

Through these services VSA supports the most vulnerable people in Aberdeen to develop the skills, opportunities, experiences and environments they need to realise their dreams and lead more independent and integrated lives.
VSA Vision, Values & Mission

VSA has a vision for the charity which is to build a strong and caring community.

Our Vision

The charity is founded upon values that reflect a desire to engage with and listen to service users, staff, volunteers, carers and partners. Our intention is always to place the priorities and ambitions of all those who need and use our services at the heart of our policies, planning and work, and to develop services in co-operation and collaboration with them. Recent work on the development of the values has emphasised the importance of treating everyone with whom we interact, with thoughtfulness, kindness, dignity and respect.

Our Values

- People who are in need of our services and support will be at the heart of our policies, planning and work.
- We will work to provide the best care to meet the needs of people who use our services.
- We will embrace, promote and foster partnerships to deliver our services in the most inclusive way for individuals in our care.
- We will respect and value the people we work with – those who need and use our services, partner organisations, volunteers and staff – treating them with kindness and dignity.

Our Mission

To uphold the values and make our vision a reality, the underlying mission of VSA is:

"To provide the best of care to enable the best of lives, supporting individuals and communities to fulfil their potential."

Our People

VSA has always believed in the investment in our staff by providing learning opportunities to enhance skills and further their careers with us. 2017-18 was no exception and being an accredited SQA Qualification Centre has allowed us to give people the opportunity to pursue a career in care.

- 99 jobs advertised in 2017
- 541 face to face training courses
- 77 candidates currently supported to achieve qualifications through our centre
- 115 lifesavers as a result of First Aid courses run between April 2017 - April 2018
Adult Carers

Providing information, advice and support to local adult carers and carer groups.

The Adult Carers Service has worked tirelessly to raise the profile of unpaid carers across Aberdeen this year. We have delivered various carer awareness presentations to organisations across the city and attended specific events organised by our partners.

In addition, we have continued to hold carer support groups, toolkit workshops and have held monthly carer cafés. It is estimated that there are almost 38,000 unpaid or informal carers in Aberdeen, which highlights the need to promote our services and provide support to those in need.

Carers Week 2017 – “Fit 2 Care”

VSA’s Adult Carers Service teamed up with Aberdeen Health & Social Care Partnership, NHS Grampian, MeSo, Care & Repair, Aberdeen Altens Hotel and the Active Aberdeen Partnership to introduce “Fit 2 Care”. This initiative offered 15 free events across the city ranging from Mindfulness and Personal Coaching to Health Walks, Technogym and Aqua Fun Sessions.

Jacqui Dunlop, VSA Carers Resource Service Manager, said, “This is the first time we’ve had a programme of events like this running during Carers Week and we hope this will highlight the need for carers to look after their own health as well as their dependents.”

Taking time for me - short breaks for over 40 Aberdonian carers

Thanks to funding from Shared Care Scotland we have been able to award over 40 grants to carers who live in Aberdeen to support flexible short breaks. Taking time for me, enables carers to access funds and support, which provides the opportunity for carers to enjoy leisure activities or a break away, with or without the person they care for.

Taking time for me - short breaks for over 40 Aberdonian carers

Carers Support Services

- enquiries from carers in 2017-18: 533
- new carers identified: 179
- counselling sessions provided: 73
- carer awareness presentations: 91
- support events attended: 35
VSA Airyhall

VSA Airyhall is a community-based facility providing stimulating activities to support individuals over the age of 50 with a mental or physical illness, who are cared for at home in the Aberdeen area.

We support around 150 people each week, giving the individual routine, stability and something to look forward to while their carers benefit from some respite.

VSA also works closely with the Community Mental Health Nurses and have introduced a 14-week course with the aim of enhancing cognitive ability. Service users have thoroughly enjoyed their time at Airyhall with almost 94% rated sessions as either excellent or very good.

**Adult & Community Services**

- 153 residential people supported
- 250 members of our activity centres
- 3,068 hours of outreach care
- 1.3 million hours of residential care

**Triangle of Care (TOC)**

After receiving funding from the NHS Grampian Carers Information Strategy Fund, we have continued our involvement in the implementation of the Triangle of Care. The Triangle of Care approach was developed by carers and staff to improve carer engagement in acute inpatient and home treatment services. It advocates better partnership working between service users and their carers, and organisations; this is vitally important to the utilisation and improvement of VSA’s services.

The TOC has been supported by Carers Trust and has now been featured in some National “Going Beyond Harm” events across Scotland arranged by Carers Trust and the Scottish Council for Patient Safety. VSA’s involvement has produced tremendous results with 50 community pharmacies receiving “carer friendly” pharmacy training from VSA, allowing them to better serve carers in the community.
We were delighted to be partnered with Music in Hospitals to launch “Tap to the App”. This new initiative has helped our residents develop their digital skills, try their hand at music composition and create social interaction through meaningful activity. By reminiscing about their favourite songs it has given renewed confidence to residents and has created lasting bonds through the power of music. Tap to the App was funded by voluntary income and has recently been nominated for the Community Impact Award from the Tech4Good Awards.

**Tap to the App**

VSA’s Older People services continue to support local people from across the city to meet a variety of different support needs from our four residential services. We help people who require supported living in two residential care establishments and two housing with support services. These are Broomhill Park, Cloverfield Grove, Crosby House and Ruthrieston House.

Complementing the residential services, our activity centres provide meaningful and important social activities for over 50’s across the city. From games to afternoon teas we cater for all different age groups and interests.

VSA’s residential care and respite services will continue to be vital to the older community in Aberdeen due to the ageing population in Scotland.

**Betty’s story***

"It’s not a care home, it’s my home"

Betty has always cared for others ever since becoming a nurse in February 1948. 6 months before the NHS was founded. The hours were long and the shifts were tough but nothing beat the feeling of helping those in need. It was here that Betty met her husband Ned who, with two broken ankles, tried his best to catch her eye despite being confined to his bed. His persistence paid off as the pair got married in 1958 and Betty gave birth to two boys, Edward and Shawn.

Now 89, Betty has unfortunately lost her husband, eldest son Edward and can no longer care for others. It was hard for Betty to maintain her positive outlook on life. “Some days I felt really down. It’s so hard not to think about all of the people I’ve lost and not being able to do the things that I have been doing all my life.”

Betty moved to Broomhill Park in January 2015, quickly becoming a popular figure with staff and tenants alike. She has made the most of her time here by regularly attending classes and playing games at the activity centre. Betty has truly made the flat her own. “The VSA staff are simply amazing. They are always there when I need them and it really helps when I’m feeling down. Broomhill is the perfect environment allowing me to socialise with the other tenants, make new friends and enjoy a fulfilling life. It’s not a care home, it’s my home.”

*names have been changed for confidentiality
Mental Wellbeing

As one of the largest mental health service providers in Aberdeen, VSA provides residential and outreach services to support people with a wide-range of mental health needs. VSA’s services are more crucial than ever with around one in three people diagnosed with a mental health issue every year in Scotland.*

“This place is like the Wizard of Oz, my world was black and white but when I opened the door to VSA, my life became full of colour”

Louise, Westerton Crescent

Our services continually strive to surpass expectations and create an unrivalled, positive atmosphere for service users. VSA’s Westerton Crescent has spearheaded this vision by receiving grade 6 scores, the highest possible grading, from the Care Inspectorate for our quality of care and support and quality of staffing.

The Care Inspectorate commended VSA for our person-centered approach and the staff who “were consistent, innovative and reliable in accessing opportunities for the people they were supporting.” This approach to mental health care has had a profound effect on our service users who are living with an enduring mental health condition.

Scott MacLeod, Operations Manager for Mental Health Services, said, “We are delighted to be recognised by the Care Inspectorate for the first-rate services provided at Westerton Crescent. At VSA, we pride ourselves on providing the most positive outcome and experience for our service users.”

Maggie was diagnosed with bipolar disorder many years ago and had been at Cornhill Psychiatric Hospital before moving to VSA’s St Aubins. After 3 years Maggie was ready to transition back into the community and with VSA’s support she moved into her own flat.

The transition into the community was not easy for Maggie. It was a new experience having the responsibility to look after her own flat and care for her lovely Tortoiseshell cat, Willow. She receives 5 hours outreach support each week from VSA and can call staff anytime she is feeling low, sad or frustrated.

Outreach support has been great for Maggie helping her to become more outgoing, talk to people and has given her the confidence to go out and enjoy life. If Maggie didn’t have the support from VSA her mental health would suffer and she may have ended up back at Cornhill Hospital.

“VSA has been a lifeline for me. I couldn’t have managed it on my own and I find it really hard to think what my life would have been without the support from VSA.

“I would never have believed that I could possibly be here, from being on my hospital bed in Cornhill to now with my own tenancy, good friends, a lovely cat and good support. It’s just wonderful.”

Maggie’s story

*1 in 3 people affected in Scotland, 1 in 4 people affected in UK according to Scottish Government statistics.
VSA’s Craigton Grove offers a combined Housing Support and Care at Home service for adults with learning disabilities. Craigton Grove aims to help our service users to become as independent as possible by helping them have the same choice and control in their lives as everyone else.

“I like living here, we do lots of things, go out play football and we help make the tea”
Craigton Grove resident

VSA’s person-centered approach supports our tenants to develop new skills by providing them with the opportunity to work at Easter Anguston farm, shop and café. They can gain life skills along with animal husbandry, horticulture, agriculture, catering and retail. This also provides a fantastic opportunity to engage with visitors to the farm and various corporate volunteer groups. Learn more about our residents work at the farm in the Easter Anguston section.

Theo moved to Craigton Grove in March 2016 from Peterhead. Whilst at his previous accommodation he often slept most of the day, stayed up late playing music and had a very poor diet. It lead to tensions with his neighbours and was very challenging for staff to deal with.

Since coming to Craigton, Theo has become a valuable member of the community. He engages with staff, maintains his own flat and has become more physically active. Theo has also secured supported employment at Newton Dee from Monday to Thursday. Theo’s eye for design has been a tremendous asset and he has been hard at work designing posters and tickets for local events.

“Theo’s story

“Craighton is the perfect place for me”

Having structure and routine has made a great difference in my life. I’m getting up earlier for my design work, I’ve lost weight and I’ve been taking trips into Aberdeen to go to the pantomime and the circus. Craigton is the perfect place for me.”

Theo’s story
Richmondhill House is the only assessment unit in Scotland registered with the Care Inspectorate. The Family Services unit at Richmondhill House provides residential and community-based support to vulnerable families who face a range of significant emotional, behavioural and social difficulties which have the potential to impact on their parenting ability, placing their child/children at risk.

Over half of the families returned home with their children after their placement at Richmondhill House. Service users commented on how well the comprehensive programme had prepared them for looking after their child while enhancing their own personal development.

“Staff are respectful, kind and non-judgmental. My key worker is very supportive and this has helped me become more comfortable. I have recommended this place to a friend because she was struggling to cope. She spoke to her social worker about coming here for help.”

Service user

Maisie Munro Children’s Centre

VSA’s Maisie Munro nursery actively seeks to integrate children with additional support needs and their mainstream peers. We provide a play-based curriculum so that children become successful learners, confident individuals, responsible citizens and effective contributors to society.

VSA Annual Report 2017-2018
Additional Support Needs Advisory Project (ASNAP)

The Additional Support Needs Advisory Project (ASNAP) aims to support local service providers to facilitate the integration of children with additional support needs (ASN) in nurseries, crèches, playgroups and After School Clubs throughout Aberdeen. We have been continually developing our programmes and have expanded the service to include all partners of Aberdeen City Council.

“Since we have started working with ASNAP we have seen noticeable improvements to the staff’s workable practice and confidence. Staff have increased their awareness and knowledge of recognising and understanding behavioural issues and are more confident when working with children that have additional support needs.”

Manager, Bridges Nursery Aberdeen

Contact Centre

The Contact Centre at Maisie’s provides a neutral and safe environment where contact sessions can take place between a child and their non-resident parent. One solicitor whose client made use of this service commented on how VSA were helping the family:

“VSA’s Contact Centre allowed my client contact with his daughter once a month for an hour at a time. By this stage the client hadn’t seen his daughter for over three years but, despite this, due to the sensitive handling of matters by VSA and the careful preparation contact was a resounding success and a totally positive experience for both father and child.”

Aberdeen Solicitor

Ryan’s story - Friends for Life Club

“From having no real friendships at all it is great to see him engaging with other children of the same age.”

“Before Ryan started the Friends for Life Club he was very much isolated. He had difficulties making friends with peers in and out of school and would prefer to spend time with much younger children and adults. He had no social life spending most of his time in the house alone. Ryan has been attending since 2013 and it has had such a positive impact on his life. He regularly attends club and has enjoyed his time there making new friends and meeting new people. Being with children with similar needs has really boosted his confidence and he does not feel so alone. From having no real friendships at all it is great to see him engaging with other children of the same age.”

- Ryan’s Mum
Education & Learning

24 young people supported in the last year

960 outings per year

26,640 hours of education provided to students

2 young people transitioned back into the community

Linn Moor Campus

Our aim is to offer meaningful and positive life, educational and social outcomes for children, young people and adults who have a diagnosis of Autism and other additional support needs. Over the last twelve months we have worked closely with VSA’s own Learning and Development Team to ensure that training is specific to the needs at Linn Moor and have sought out renowned individuals externally to deliver staff training to ensure our team are delivering best practice.

The past year has seen extensive improvements to the woodlands and outdoor learning areas across the campus. This has only been possible with the tremendous support of a vast number of corporate volunteering groups. The coming year will see us continue the excellent work being done across the campus by an incredibly dedicated and skilled staff team, ensuring the needs of the children, young people and adults we support are at the heart of our practice, planning and strategic direction.
Recognising our young people’s sensory needs is the foundation for our community-based, holistic approach to learning. While Linn Moor ensures our students have dedicated time for traditional, desk-based education, we also encourage experiential learning opportunities such as; horse-riding, rock wall climbing, swimming and shopping, alongside access to local National Trust sites.

As a residential facility, our children are able to continue their wider learning out with the typical school day and year. Our staff work tirelessly to ensure all elements of these experiences encourage participation and consolidate students understanding of the wider community, enabling our young people to become as self-sufficient and independent as possible for their transition into adulthood.

We provide a variety of opportunities for our children to participate in whole school activities. These experiences teach coping and tolerance skills, which have allowed them to successfully participate in group experiences like Techfest, arts and crafts, drumming, Therapets, and Owl Therapy, with a view to further include drama, yoga and dance in the next academic session. Our children and young people are still just that at heart - children and young people. Providing opportunities to learn, have fun, engage and be included is paramount to the lives of the children and young people living and learning at Linn Moor.

The tenants in our Rowanlea adult service continue to work on life, social and vocational skills and are currently working towards SQA awards. This work will support their choice of activities for future work experience. Plans are underway to create an education centre at Easter Anguston Farm where these skills will be further developed and new experiences presented in a safe and structured environment.

A large amount of work has been completed this year in and around Rowanlea House and Rowanlea Cottage. We have recently created an additional social area for the Rowanlea House tenants, providing a valuable communal space for the tenants to listen to music, take part in arts, crafts and sensory activities, or just unwind. Outside, our tenants have been involved in maintaining the raised beds and growing herbs and vegetables; proving useful life skill lessons in horticulture and cooking, as well as sensory experiences.

Paul came to Linn Moor School at the age of ten having experienced difficulties at school and home linked to his hypersensitivity to noise and his need to control everything in his environment. His reaction to unfamiliar or less preferred situations often resulted in many community activities not being possible for Paul due to the risk to himself and others.

The work done to support Paul to cope with these situations led to him, at the age of sixteen, being able to go on holiday to Euro Disney, where he explored the busy streets of Paris, making choices about what he wanted to do and which rides and activities he queued for.

Paul has since left school but has stayed on at Linn Moor as part of a continuing care programme, where he can continue to learn valuable life and social skills to prepare him for adult life as a valued member of the community. As well as developing these new skills, Paul is also studying for SQA awards. It is very rewarding for Paul’s family and the staff who work with him to see his maturity and self-confidence continue to flourish.
Easter Anguston Farm

Providing lifelong learning opportunities for those with additional support needs.

This has been a transformational year at Easter Anguston Farm. Since the appointment of a dedicated Social Enterprise Development Manager, the farm has gone from strength to strength and has welcomed 15,000 visitors this year.

Learning opportunities for adults with additional support needs have been developed across numerous areas. This includes: horticulture, livestock, arable farming, rural skills, catering, conservation and readiness for employment.

Our 14 trainees are supported by a skilled and experienced staff team to learn and develop their knowledge and understanding of working in an agricultural and retail setting. The service has now entered into a partnership with the Murton Trust to offer Trainees formal vocational qualifications to support them in their personal development and formally recognise their learning and achievements. As a result of these changes the farm has seen an increased demand in referrals to the service.

Pick your own fruit!

Our pick your own fruit has allowed visitors to get hands on at the farm and enjoy a fun, family activity. We’ve had an incredible response from the general public, eager to pick our fresh strawberries, redcurrants, blackcurrants and gooseberries. Our fruit is prepared by the staff and trainees on the farm who’ve thoroughly enjoyed helping visitors to get the most out of the experience.

Enchanted Woods

One of our most popular additions to the farm has been the creation of the Enchanted Woods. Carefully working with the environment and minimising any damage to the trees, the previously underutilised Walnut Wood has turned into a stunning visitor attraction with almost 1,000 people attending in the first weekend alone. Perfect for families, the woods offer a relaxed environment for children and adults alike with an ever growing selection of fairy houses. This would not have been possible without the dedication of our staff, volunteers and corporate supporters.

These developments and our focus on providing the best possible visitor experience, has boosted visitor numbers and provided the opportunity for the farm to remain open all year. This has increased income and donations, which is critical to support the development of the farm and the trainee program.

"Visited today for the enchanted woods with 4 children aged 2-13. It was fantastic! So much work and detail had gone in to the fairy houses. All the kids enjoyed it (adults too!) Well done guys! Definitely be back again! “ Sarah Duffus via Facebook
The work that we do to support vulnerable people would not be possible without our dedicated supporters. We are incredibly privileged that every year we have hundreds of people from across the community step forward to volunteer their time, expertise and skills.

Over the course of 2017-2018 we have seen an increase in volunteering where groups of people primarily from the corporate sector came forward to help us transform our environments for the people who need and use our services. A key aim of all our volunteers groups was to help deliver a project that would have high social impact. Last year we had 23 groups of people who accumulatively donated 3,600 hours of their time. The groups of volunteers have helped us transform the environments at our Linn Moor Campus, Easter Anguston Farms, Ardeer house and many other VSA residential facilities. A small selection of some of the projects undertaken were: painting rooms, clearing woodland areas, creating paths, strawberry planting and gardening.

As well as groups of volunteers we have a large number of individuals who volunteered for VSA at our services and events. In addition our bookshop is run and operated by a dedicated bank of volunteers who gave in excess of 7,000 hours of their time.

Time is precious and we cannot express how thankful we are to everyone who volunteered for VSA including our employees who gave their time to help at a number of fundraising events and across our services. In total, VSA received over 11,500 hours of volunteering during 2017-18.

“ The staff at the farm were fantastic - it really is a very special place. Every single person really enjoyed the day and the fact we were giving something back to a local charity made it even better. I cannot recommend it enough.”

Karen Molloy, Thorpe Molloy
We are incredibly fortunate that we continue to attract and secure voluntary support and income from dedicated and loyal supporters. This helps the people who benefit from our services to gain the skills, opportunities, experiences and environments they need to realise their dreams and lead more independent and integrated lives.

Over the course of 2017 we strengthened and invested in our fundraising department making a number of key appointments to help us grow and diversify the income we receive through voluntary donations. The team, in collaboration with senior management, are in the process of planning and launching a major fundraising appeal to support a new mental health facility scheduled to open as part of our 150th anniversary celebration in 2020.

When people put a gift in their will to VSA they are helping to make sure that we will be there for generations to come should they ever need us. We continue to be greatly humbled by gifts we received from people wishing to leave a legacy to VSA.

In 2017/18 VSA’s total income was £15.7 million, a decrease of approximately £1 million due to two large legacies totalling £1.1 million received in the previous financial year. Legacy income fluctuates from year to year due to the nature of this source of income. Our income has always come from a mix of statutory, voluntary funding and investment income. Overall 3.3% of our revenue income came from fundraising activities.

Over the year we had a wide variety of fundraising activities, with the highlight being our flagship fundraiser, ‘The VSA Changing Lives Ball’. This continues to be a huge success helping raise in excess of £109,000 for our mental health services in 2017. The event continues to receive strong support from our corporate partners with the 2018 ball selling out within four months of the 2017 event.

Total income in 2017/18 was £15.7 million
This is broken down as follows:

- Charitable Activities £14.8 million (94.3%)
- Donations & Legacies £0.52 million (3.3%)
- Investments £0.22 million (1.4%)
- Other Trading Activities £0.16 million (1.0%)

A full copy of our audited accounts can be found on our website.
Our Services

Adult and Community Services

Older People Services
- Broomhill Park
- Cloverfield Grove
- Crosby House
- Home Support for people with dementia
- Ruthrieston House Care Home
- Broomhill Activity Centre

Children and Family Services
- Additional Support Needs Advisory Project (ASNAP)
- Family Contact Centre
- Maisie’s Children’s Centre
- Richmondhill House Parental Assessment Unit

Education and Learning
- Linn Moor School
- Rowanlea Adult Services
- Easter Anguston Farm

Carers Service
- Adult Carers Resource Service
- Airyhall Carer Respite Centre

Other Services
- Mercat Bookshop
- Behavioural Support Strategies

Thank You to our supporters!

Aberdeen Airport Community Fund
Aberdeen City Council
Aberdeen Endowments Trust
A G Bain Trust
AKR Fitness
Alexander Crombie’s Trust
Alexander Guthrie & Sons
AMC
Andersson, Andersson & Brown LLP
Aon
Apache North Sea
Ardoe House Hotel
Bank of Scotland
BDG Thomson Gray Ltd
Booth Electrical
BP
Bumess and Paul Ltd
Centurion Group
CNRI
Conoco Philips
Covell Matthews Architects Ltd
Duncan Harper & Co
Dyce Electrical
Dr Fiona Kennedy Clark, OBE, DL
Finlay & Co
Finnies the Jeweller
G&J Investments
General & Technical Flooring Services Ltd
George Crombie’s Trust
GSR Healthcare
GWS Architects
Heat Tech
HMT/ Blamoral Estate
IHS Markit
James Clark Ltd
James Roy’s Trust
John Gordon’s Charitable Fund
John Mitch Building Services Ltd
John Shivas Memorial Trust
Laura Pike & Mark Whyte
Ledingham Chalmers LLP
Marathon Oil
Martin Connell Charitable Trust
Matthew Finnie
McCue & Porter LLP
Mike Brown Jorner
M&M Services
NHS Grampian Carer’s Information Strategy Fund
Patrick Mitchel Hunter Fund
Paul Lawrie Foundation
Ramco
ROC Clinic
Roemex
RSM UK
Sandy Innes
Shared Care Scotland
Shell
Sprint Energy
St. Nicholas Charitable Fund
Subsea 7
The Ina Scott Sutherland Charitable Foundation
Thomas Primrose Trust
Union Square
VSA’s Volunteers
VSA Event Participants & Supporters
William Harvey’s Trust
Wood plc
Wood Foundation